

These are just a few of *my* favorite books...
I'm always adding more and I love learning so send me *your* favorite resources!

Books (My Parenting Favorites!)

The Continuum Concept by Jean Liedloff

Raising Our Children, Raising Ourselves by Naomi Aldort

Raising Your Spirited Child by Mary Sheedy Kurcinka

Everyday Blessings by Jon and Myla Kabat-Zinn

Our Babies, Ourselves by Meredith Small

The Other Baby Book by Megan McGrory Massaro and Miriam J. Katz

Raising Cain- Protecting the Emotional Life of Boys by Michael Thompson

More Topics to Come!